

## Nebraska Food Distribution Processed Commodity Fact Sheet

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**Name:** \*Turkey, Breast

**Product Code:** 9312031

**Processor:** Oak Valley Farms

**Category:** Meat and Meat Alternate

**Date:** 6/6/2005

**Description:** Fully cooked deboned white turkey meat, shaped into the form of a turkey breast.

**Pack Size:** 5 eight-pound breasts, approximately 183 servings per case

**Storage:** Store at 0 degree's F or below

**Preparation:** Thaw in refrigerator, positioned on refrigerator shelves so air can circulate. Thawing time is approximately one to two days. Use as soon as possible after reaching 38 degree F. internal temperature.

**Cooking:** Serve either hot or cold. Use as any cold cut. Oak Valley Farms recommends not to refreeze thawed product.

**Serving Size:** 3.49 oz

**Meal Contribution:** 2 meat/meat alternates

Nutrition Facts			
Calories:	86.20	Protein:	15.22 grams
Total Fat:	2.02 grams	Carbohydrate:	1.81 grams
Saturated Fat:	0.87 grams	Cholesterol:	25.37 mg
Trans Fat:	grams	Calcium:	7.19 mg
Iron:	0.42 mg	Dietary Fiber:	0.00 mg
Sodium:	767.90 mg	Vitamin C:	0.00 mg
Vitamin A:	0.00 IU		